

# Oslomesterskapet 2018 - Resultater 500m

02.03.2018 - 18:00 - Valle Hovin - 4 m/s temp -4 til -6

Løper	Klubb	Klasse	tid	Plass	Poeng	diff. 5000m
Anders Høstad	ASK	MM35	45,52	1	45,520	0,00
Morten Henriksen	OSS	MM55	46,31	2	46,310	7,90
Jostein Nørbech	OSS	MM35	46,51	3	46,510	9,90
Odd-Arild Ødegaard	ASK	MM50	46,91	4	46,910	13,90
Eric Askildsen	LIK-H	MM55	47,69	5	47,690	21,70
Gard Fredriksen	LIK-H	MM40	49,89	6	49,890	43,70
Ragnhild Andresen	Skreia SK	MK40	49,99	7	49,990	44,70
Tomm Samodee	OSS	MM35	50,88 PB	8	50,880	53,60
Vidar Skripeland	LIK	MM55	51,58	9	51,580	60,60
Nils Juell	OSS	MM45	51,68	10	51,680	61,60
Terje Bjørk	ASK	MM60	51,73	11	51,730	62,10
Knut Erik Tveten	ASK	MM40	53,99	12	53,990	84,70
Jon Gauslaa	Arendal S	MM55	54,36	13	54,360	88,40
Torbjørn Høvde	LIK-H	MM40	54,62 PB	14	54,620	91,00
Magnar Lundberg	LIK	MM75	54,66	15	54,660	91,40
Mats Huseby	LIK-H	MM30	54,95	16	54,950	94,30
Espen Riktor	LIK	MM55	54,98	17	54,980	94,60
Per Espen Kristoffersen	OSS	MM55	55,16	18	55,160	96,40
Tinius Rambøl Alme	ASK	MMYB	55,33 PB	19	55,330	98,10
Herbert Kristoffersen	OSS	MM55	55,73	20	55,730	102,10
Tord Fredriksen	LIK-H	MM50	55,94	21	55,940	104,20
Geir Tvenge	SK94	MM55	56,28	22	56,280	107,60
Henrik Bryn Rambøl	LIK	MMJA	57,14 PB	23	57,140	116,20
Maiken Gundersen	ASK	MKJB	58,18	24	58,180	126,60
Rune Sundland	LIK	MM55	58,95	25	58,950	134,30
Lars Petter Ernø	OSS	MM60	59,48	26	59,480	139,60
Elias Rambøl Alme	LIK	KMJA	69,32 PB	27	69,320	238,00
Therese Staal Brekke	LIK-H	KK40	70,72	28	70,720	252,00
Lars Kokern Rambøl	LIK	KM70	72,32	29	72,320	268,00
Marit D. Riktor	LIK	KK50	77,29	30	77,290	317,70

# Oslomesterskapet 2018 - Resultater 5000 m

02.03.2018 - 18:45 temp -6 / -8 2 m/s - Valle Hovin - MT + 0,20 sek

Løper	Klubb	Klasse	Tid 5000m	Plass	Poeng	Totalt	Diff 1500
Jostein Nørbech	OSS	MM35	8 4,40	1	48,440	94,950	0,00
Eric Askildsen	LIK-H	MM55	8 7,86	2	48,786	96,476	4,58
Anders Høstad	ASK	MM35	8 20,82	3	50,082	95,602	1,96
Vidar Skripeland	LIK	MM55	8 27,80	4	50,780	102,360	22,23
Odd-Arild Ødegaard	ASK	MM50	8 28,42	5	50,842	97,752	8,41
Jon Gauslaa	Arendal S	MM55	8 34,90	6	51,490	105,850	32,70
Terje Bjørk	ASK	MM60	8 45,94	7	52,594	104,324	28,12
Gard Fredriksen	LIK-H	MM40	8 52,99	8	53,299	103,189	24,72
Morten Henriksen	OSS	MM55	9 2,39	9	54,239	100,549	16,80
Tomm Samodee	OSS	MM35	9 12,73 PB	10	55,273	106,153	33,61
Ragnhild Andresen	Skreia SK	MK40	9 18,16 Fall	11	55,816	105,806	32,57
Espen Riktor	LIK	MM55	9 22,16	12	56,216	111,196	48,74
Nils Juell	OSS	MM45	9 28,69 PB	13	56,869	108,549	40,80
Mats Huseby	LIK-H	MM30	9 47,63	14	58,763	113,713	56,29
Knut Erik Tveten	ASK	MM40	9 50,28	15	59,028	113,018	54,20
Magnar Lundberg	LIK	MM75	9 51,89	16	59,189	113,849	56,70
Torbjørn Høvde	LIK-H	MM40	10 0,39 PB	17	60,039	114,659	59,13
Per Espen Kristoffersen	OSS	MM55	10 18,97 PB	18	61,897	117,057	66,32
Lars Petter Ernø	OSS	MM60	10 19,38	19	61,938	121,418	79,40
Herbert Kristoffersen	OSS	MM55	10 38,37	20	63,837	119,567	73,85
Rune Sundland	LIK	MM55	10 43,26	21	64,326	123,276	84,98
Maiken Gundersen	ASK	MKJB	10 58,14 PB	22	65,814	123,994	87,13
Geir Tvenge	SK94	MM55	11 34,63	23	69,463	125,743	92,38
Therese Staal Brekke	LIK-H	KK40	11 42,54	24	70,254	140,974	138,07
Henrik Bryn Rambøl	LIK	MMJA	11 57,92 PB	25	71,792	128,932	101,95
Elias Rambøl Alme	LIK	KMJA	12 22,57 PB	26	74,257	143,577	145,88
Marit D. Riktor	LIK	KK50	13 5,93	27	78,593	155,883	182,80
Lars Kokern Rambøl	LIK	KM70	13 56,15	28	83,615	155,935	182,95
Tord Fredriksen	LIK-H	MM50	0 0,00 DQ	99	0,000	55,940	117,03

# Oslomesterskapet 2018 - Resultater 1500 m

03.03.2018 - 10:15 - Valle Hovin - 3 m/s temp -4

Løper	Klubb	Klasse	tid		Plass	Poeng	Totalt	Diff. - 10000
Anders Høstad	ASK	MM35	2 20,49		1	46,830	142,432	0,0
Eric Askildsen	LIK-H	MM55	2 20,93		2	46,976	143,452	20,4
Gard Fredriksen	LIK-H	MM40	2 22,84		3	47,613	150,802	167,4
Odd-Arild Ødegaard	ASK	MM50	2 23,35		4	47,783	145,535	62,1
Terje Bjørk	ASK	MM60	2 23,84		5	47,946	152,270	196,8
Vidar Skripeland	LIK	MM55	2 25,27		6	48,423	150,783	167,0
Morten Henriksen	OSS	MM55	2 25,53		7	48,510	149,059	132,5
Jon Gauslaa	Arendal S	MM55	2 26,27		8	48,756	154,606	243,5
Ragnhild Andresen	Skreia SK	MK40	2 28,25		9	49,416	155,222	255,8
Tomm Samodee	OSS	MM35	2 30,25	PB	10	50,083	156,236	276,1
Nils Juell	OSS	MM45	2 31,68	PB	11	50,560	159,109	333,5
Espen Riktor	LIK	MM55	2 32,16		12	50,720	161,916	389,7
Mats Huseby	LIK-H	MM30	2 33,16	PB	13	51,053	164,766	446,7
Torbjørn Høvde	LIK-H	MM40	2 35,87	PB	14	51,956	166,615	483,7
Per Espen Kristoffersen	OSS	MM55	2 39,68	PB	15	53,226	170,283	557,0
Magnar Lundberg	LIK	MM75	2 41,54		16	53,846	167,695	505,3
Tord Fredriksen	LIK-H	MM50	2 44,26		17	54,753	110,693	634,78
Tinius Rambøl Alme	ASK	MMYB	2 45,12	PB	18	55,040	110,370	641,24
Herbert Kristoffersen	OSS	MM55	2 47,13		19	55,710	175,277	656,9
Lars Petter Ernø	OSS	MM60	2 50,92		20	56,973	178,391	719,2
Rune Sundland	LIK	MM55	2 52,46	PB	21	57,486	180,762	766,6
Maiken Gundersen	ASK	MKJB	2 59,16		22	59,720	183,714	825,6
Henrik Bryn Rambøl	LIK	MMJA	2 59,37	PB	23	59,790	188,722	925,8
Knut Erik Tveten	ASK	MM40	3 4,39		24	61,463	174,481	641,0
Geir Tvenge	SK94	MM55	3 6,66		25	62,220	187,963	910,6
Therese Staal Brekke	LIK-H	KK40	3 17,20	PB	26	65,733	206,707	1 285,5
Elias Rambøl Alme	LIK	KMJA	3 22,56	PB	27	67,520	211,097	1 373,3
Marit D. Riktor	LIK	KK50	3 49,72		28	76,573	232,456	1 800,5
Lars Kokern Rambøl	LIK	KM70	3 49,74		29	76,580	232,515	1 801,7

# Oslo mesterskapet 2018 - Resultater 10000 m

03.03.2018 - 11:15 - Valle Hovin - 3 m/s temp -4

Løper	Klubb	Klasse	tid	Plass	10000MP	KMPOINT
Eric Askildsen	LIK-H	MM55	16 : 42,68	1	50,134	193,586
Anders Høstad	ASK	MM35	17 : 6,04 PB	2	51,302	193,734
Vidar Skripeland	LIK	MM55	17 : 7,04	3	51,352	202,135
Odd-Arild Ødegaard	ASK	MM50	17 : 14,48	4	51,724	197,259
Jon Gauslaa	Arendal S	MM55	17 : 18,54	5	51,927	206,533
Terje Bjørk	ASK	MM60	17 : 50,18	6	53,509	205,779
Tomm Samodee	OSS	MM35	18 : 42,20 PB	7	56,110	212,346
Gard Fredriksen	LIK-H	MM40	19 : 9,01	8	57,450	208,252
Espen Riktor	LIK	MM55	19 : 10,65	9	57,532	219,448
Ragnhild Andresen	Skreia SK	MK40	19 : 12,39 PB	10	57,619	212,841
Tord Fredriksen	LIK-H	MM50	19 : 27,52	11	58,376	169,069
Morten Henriksen	OSS	MM55	19 : 36,53	12	58,826	207,885
Nils Juell	OSS	MM45	19 : 52,17 PB	13	59,608	218,717
Lars Petter Ernø	OSS	MM60	20 : 3,30	14	60,165	238,556
Torbjørn Høvde	LIK-H	MM40	20 : 32,26 PB	15	61,613	228,228
Knut Erik Tveten	ASK	MM40	20 : 34,91	16	61,745	236,226
Magnar Lundberg	LIK	MM75	20 : 35,27	17	61,763	229,458
Mats Huseby	LIK-H	MM30	20 : 42,92 PB	18	62,146	226,912
Per Espen Kristoffersen	OSS	MM55	21 : 6,33 PB	19	63,316	233,599
Rune Sundland	LIK	MM55	21 : 30,92	20	64,546	245,308
Herbert Kristoffersen	OSS	MM55	21 : 47,12	21	65,356	240,633
Therese Staal Brekke	LIK-H	KK40	23 : 1,75	22	69,087	275,794
Maiken Gundersen	ASK	MKJB	23 : 38,54 PB	23	70,927	254,641
Geir Tvenge	SK94	MM55	23 : 49,36 PB	24	71,468	259,431
Elias Rambøl Alme	LIK	KMJA	24 : 1,96 PB	25	72,098	283,195
Marit D. Riktor	LIK	KK50	26 : 32,14	26	79,607	312,063
Lars Kokern Rambøl	LIK	KM70	28 : 32,16	27	85,608	318,123

# Oslomesterskapet All-Round - 02.03 - 03.03 - 2018 - Valle Hovin kunstisbane

Fredag 02.03 500m/5000m start kl 18:00 -6/6 m/s, slutt 21:15 - Lørdag 03.03 1500m /10000m start kl 10:15 -4 2m/s, - slutt kl 15:00 - MT +0,20 sek

	Team - Class	500m	rank	5000 m	rank	1500m	rank	10000 m	rank	Combo	class	total	
<b>K40</b>													
Ragnhild Andresen	Skreia K40	49,99	- 7	9 18,16 Fall	- 11	2 28,25	- 9	19 12,39	- 10	PB	212,841	1	10
Therese Staal Brekke	LIK-H K40	70,72	- 28	11 42,54	- 24	3 17,20 PB	- 26	23 1,75	- 22		275,794	2	24
<b>K50</b>													
Marit D. Riktor	LIK K50	77,29	- 30	13 5,93	- 27	3 49,72	- 28	26 32,14	- 26		312,063	1	26
<b>KJB</b>													
Maiken Gundersen	ASK KJB	58,18	- 24	10 58,14 PB	- 22	2 59,16	- 22	23 38,54	- 23	PB	254,641	1	22
<b>M30</b>													
Mats Huseby	LIK-H M30	54,95	- 16	9 47,63	- 14	2 33,16 PB	- 13	20 42,92	- 18	PB	226,912	1	14
<b>M35</b>													
Anders Høstad	ASK M35	45,52	- 1	8 20,82	- 3	2 20,49	- 1	17 6,04	- 2	PB	193,734	1	2
Tomm Samodee	OSS M35	50,88 PB	- 8	9 12,73 PB	- 10	2 30,25 PB	- 10	18 42,20	- 7	PB	212,346	2	9
<b>M40</b>													
Gard Fredriksen	LIK-H M40	49,89	- 6	8 52,99	- 8	2 22,84	- 3	19 9,01	- 8		208,252	1	8
Torbjørn Høvde	LIK-H M40	54,62 PB	- 14	10 0,39 PB	- 17	2 35,87 PB	- 14	20 32,26	- 15	PB	228,228	2	15
Knut Erik Tveten	ASK M40	53,99	- 12	9 50,28	- 15	3 4,39	- 24	20 34,91	- 16		236,226	3	18
<b>M45</b>													
Nils Juell	OSS M45	51,68	- 10	9 28,69 PB	- 13	2 31,68 PB	- 11	19 52,17	- 13	PB	218,717	1	11
<b>M50</b>													
Odd-Arild Ødegaard	ASK M50	46,91	- 4	8 28,42	- 5	2 23,35	- 4	17 14,48	- 4		197,259	1	3
Tord Fredriksen	LIK-H M50	55,94	- 21	0 0,00 DQ	- 99	2 44,26	- 17	19 27,52	- 11		169,069	DQ	
<b>M55</b>													
Eric Askildsen	LIK-H M55	47,69	- 5	8 7,86	- 2	2 20,93	- 2	16 42,68	- 1		193,586	1	1
Vidar Skripeland	LIK M55	51,58	- 9	8 27,80	- 4	2 25,27	- 6	17 7,04	- 3		202,135	2	4
Jon Gauslaa	Arendal M55	54,36	- 13	8 34,90	- 6	2 26,27	- 8	17 18,54	- 5		206,533	3	6
Morten Henriksen	OSS M55	46,31	- 2	9 2,39	- 9	2 25,53	- 7	19 36,53	- 12		207,885	4	7
Espen Riktor	LIK M55	54,98	- 17	9 22,16	- 12	2 32,16	- 12	19 10,65	- 9		219,448	5	12

# Oslomesterskapet All-Round - 02.03 - 03.03 - 2018 - Valle Hovin kunstisbane

Fredag 02.03 500m/5000m start kl 18:00 -6/6 m/s, slutt 21:15 - Lørdag 03.03 1500m /10000m start kl 10:15 -4 2m/s, - slutt kl 15:00 - MT +0,20 sek

	Team - Class	500m	rank	5000 m	rank	1500m	rank	10000 m	rank	Combo	class	total
Per Espen Kristofferse	OSS M55	55,16	- 18	10 18,97 PB	- 18	2 39,68 PB	- 15	21 6,33	- 19 PB	233,599	6	17
Herbert Kristoffersen	OSS M55	55,73	- 20	10 38,37	- 20	2 47,13	- 19	21 47,12	- 21	240,633	7	20
Rune Sundland	LIK M55	58,95	- 25	10 43,26	- 21	2 52,46 PB	- 21	21 30,92	- 20	245,308	8	21
Geir Tvenge	SK94 M55	56,28	- 22	11 34,63	- 23	3 6,66	- 25	23 49,36	- 24 PB	259,431	9	23
<b>M60</b>												
Terje Bjørk	ASK M60	51,73	- 11	8 45,94	- 7	2 23,84	- 5	17 50,18	- 6	205,779	1	5
Lars Petter Ernø	OSS M60	59,48	- 26	10 19,38	- 19	2 50,92	- 20	20 3,30	- 14	238,556	2	19
<b>M70</b>												
Lars Kokern Rambøl	LIK M70	72,32	- 29	13 56,15	- 28	3 49,74	- 29	28 32,16	- 27	318,123	1	27
<b>M75</b>												
Magnar Lundberg	LIK M75	54,66	- 15	9 51,89	- 16	2 41,54	- 16	20 35,27	- 17	229,458	1	16
<b>MJA</b>												
Elias Rambøl Alme	LIK MJA	69,32 PB	- 27	12 22,57 PB	- 26	3 22,56 PB	- 27	24 1,96	- 25 PB	283,195	1	25