

# Viken-Mesterskapet 2020 - Resultater 500m

21.02.2020 - 18:00 - Furumo kunstisbane, Geithus - 3-4 m/s temp +1 til +3 grader

Løper	Klubb	Klasse	tid	Plass	Poeng	diff. 5000m
Reidar Bohlin Borgersen	Geithus IL	M40	42,93	1	42,930	0,00
Hans Kristian Jorde	OSS	M35	45,28	2	45,280	23,50
Eric Askildsen	LIK-H	M55	46,16	3	46,160	32,30
Nils Juell	OSS	M50	47,46	4	47,460	45,30
Øystein Borgersen	Geithus IL	M55	47,89	5	47,890	49,60
Gard Fredriksen	LIK-H	M45	48,42	6	48,420	54,90
Marit Stubø Jorde	OSS	K30	50,19	7	50,190	72,60
Vidar Skripeland	LIK	M60	50,65	8	50,650	77,20
Ole Martin Nodenes	LIK-H	M45	51,50 PB	9	51,500	85,70
Ståle Heitmann	LIK-H	M50	52,12 PB	10	52,120	91,90
Terje Bjørk	ASK	M60	52,29	11	52,290	93,60
Espen Riktor	LIK	M55	52,42	12	52,420	94,90
Per Espen Kristoffersen	OSS	M55	53,11 PB	13	53,110	101,80
Monika Holth	Geithus IL	K40	53,48 PB	14	53,480	105,50
Njål Nore	Asker SK	M60	54,19 PB	15	54,190	112,60
Magnar Lundberg	LIK	M75	54,28	16	54,280	113,50
Rune Sundland	LIK	M60	54,86	17	54,860	119,30
Espen Holm	Over topp	M55	54,92 PB	18	54,920	119,90
Tord Fredriksen	LIK-H	M55	55,40	19	55,400	124,70
Per Bottegård	Geithus IL	M40	57,67 PB	20	57,670	147,40
Harry Hamming	Geithus IL	M50	57,72	21	57,720	147,90
Erik Thorstensen	ASK	M45	57,84	22	57,840	149,10
Sara Hemmer	ASK	K60	62,31	23	62,310	193,80
Therese Staal Brekke	LIK-H	K40	65,71	24	65,710	227,80
Lars Rambøl	LIK	M70	66,83	25	66,830	239,00
Viola Kuldvere	OSS	K50	68,61	26	68,610	256,80

# Viken-Mesterskapet 2020 - Resultater 5000 m

21.02.2020 - 18:45 - Furumo kunstisbane, Geithus - 3-4 m/s temp +1 til +3 grader

Løper	Klubb	Klasse	Tid 5000m	Plass	Poeng	Totalt	Diff 1500
Reidar Bohlin Borgersen	Geithus IL	M40	7 31,24	1	45,124	88,054	0,00
Hans Kristian Jorde	OSS	M35	8 13,72	2	49,372	94,652	19,79
Eric Askildsen	LIK-H	M55	8 13,89	3	49,389	95,549	22,49
Vidar Skripeland	LIK	M60	8 39,54	4	51,954	102,604	43,65
Øystein Borgersen	Geithus IL	M55	8 48,64	5	52,864	100,754	38,10
Terje Bjørk	ASK	M60	8 50,82	6	53,082	105,372	51,95
Gard Fredriksen	LIK-H	M45	8 52,84	7	53,284	101,704	40,95
Nils Juell	OSS	M50	9 9,60	8	54,960	102,420	43,10
Espen Riktor	LIK	M55	9 14,08	9	55,408	107,828	59,32
Ståle Heitmann	LIK-H	M50	9 19,26	10	55,926	108,046	59,98
Marit Stubø Jorde	OSS	K30	9 35,50 PB	11	57,550	107,740	59,06
Njål Nore	Asker SK	M60	9 36,36	12	57,636	111,826	71,32
Espen Holm	Over topp	M55	9 51,29 PB	13	59,129	114,049	77,99
Tord Fredriksen	LIK-H	M55	9 52,66	14	59,266	114,666	79,84
Ole Martin Nodenes	LIK-H	M45	10 7,60	15	60,760	112,260	72,62
Sara Hemmer	ASK	K60	10 8,75	16	60,875	123,185	105,39
Magnar Lundberg	LIK	M75	10 10,31	17	61,031	115,311	81,77
Monika Holth	Geithus IL	K40	10 20,55 PB	18	62,055	115,535	82,44
Rune Sundland	LIK	M60	10 30,77	19	63,077	117,937	89,65
Per Espen Kristoffersen	OSS	M55	10 37,83	20	63,783	116,893	86,52
Per Bottegård	Geithus IL	M40	10 39,56	21	63,956	121,626	100,72
Erik Thorstensen	ASK	M45	10 47,03	22	64,703	122,543	103,47
Therese Staal Brekke	LIK-H	K40	10 50,88 PB	23	65,088	130,798	128,23
Harry Hamming	Geithus IL	M50	11 57,07 PB	24	71,707	129,427	124,12
Viola Kuldvere	OSS	K50	12 9,70	25	72,970	141,580	160,58
Lars Rambøl	LIK	M70	13 32,08	26	81,208	148,038	179,95

# Viken-Mesterskapet 2020 - Resultater 1500 m

22.02.2020 - 10:00 - Furumo kunstisbane, Geithus - 3-4 m/s temp +1 til +3 grader

Løper	Klubb	Klasse	tid		Plass	Poeng	Totalt	Diff. - 10000
Reidar Bohlin Borgersen	Geithus IL	MM40	2 10,44		1	43,480	131,534	0,0
Hans Kristian Jorde	OSS	MM35	2 18,53		2	46,176	140,828	185,9
Eric Askildsen	LIK-H	MM55	2 26,12		3	48,706	144,255	254,4
Gard Fredriksen	LIK-H	MM45	2 27,73		4	49,243	150,947	388,3
Øystein Borgersen	Geithus IL	MM55	2 30,54		5	50,180	150,934	388,0
Nils Juell	OSS	MM50	2 33,40		6	51,133	153,553	440,4
Terje Bjørk	ASK	MM60	2 37,26		7	52,420	157,792	525,2
Vidar Skripeland	LIK	MM60	2 38,48		8	52,826	155,430	477,9
Espen Riktor	LIK	MM55	2 40,88		9	53,626	161,454	598,4
Ståle Heitmann	LIK-H	MM50	2 41,75		10	53,916	161,962	608,6
Marit Stubø Jorde	OSS	KK30	2 44,33		11	54,776	162,516	619,6
Ole Martin Nodenes	LIK-H	MM45	2 48,97	PB	12	56,323	168,583	741,0
Espen Holm	Over topp	MM55	2 53,66	PB	13	57,886	171,935	808,0
Magnar Lundberg	LIK	MM75	2 54,42		14	58,140	173,451	838,3
Tord Fredriksen	LIK-H	MM55	2 58,18		15	59,393	174,059	850,5
Monika Holth	Geithus IL	KK40	2 59,66		16	59,886	175,421	877,7
Per Espen Kristoffersen	OSS	MM55	3 0,71		17	60,236	177,129	911,9
Rune Sundland	LIK	MM60	3 2,61		18	60,870	178,807	945,5
Erik Thorstensen	ASK	MM45	3 5,78		19	61,926	184,469	1 058,7
Sara Hemmer	ASK	KK60	3 5,81		20	61,936	185,121	1 071,7
Therese Staal Brekke	LIK-H	KK40	3 13,91	PB	21	64,636	195,434	1 278,0
Harry Hamming	Geithus IL	MM50	3 26,01		22	68,670	198,097	1 331,3
Viola Kuldvere	OSS	KK50	3 40,79		23	73,596	215,176	1 672,8
Lars Rambøl	LIK	MM70	4 2,01		24	80,670	228,708	1 943,5

# Viken-Mesterskapet 2020 - Resultater 10000 m

22.02.2020 - 11:00 - Furumo kunstisbane, Geithus - 6-9 m/s temp +8 +3 grader

Løper	Klubb	Klasse	tid	Plass	10000MP	KMPOINT
Reidar Bohlin Borgersen	Geithus IL	MM40	16 : 11,27	1	48,563	180,097
Eric Askildsen	LIK-H	MM55	17 : 32,23	2	52,611	196,866
Hans Kristian Jorde	OSS	MM35	18 : 9,49	3	54,474	195,302
Vidar Skripeland	LIK	MM60	18 : 51,63	4	56,581	212,011
Øystein Borgersen	Geithus IL	MM55	18 : 51,94	5	56,597	207,531
Terje Bjørk	ASK	MM60	19 : 9,04	6	57,452	215,244
Ståle Heitmann	LIK-H	MM50	19 : 14,25	7	57,712	219,674
Gard Fredriksen	LIK-H	MM45	19 : 31,49	8	58,574	209,521
Espen Riktor	LIK	MM55	19 : 31,96	9	58,598	220,052
Nils Juell	OSS	MM50	19 : 32,58	10	58,629	212,182
Marit Stubø Jorde	OSS	KK30	20 : 2,86	11	60,143	222,659
Tord Fredriksen	LIK-H	MM55	20 : 31,30	12	61,565	235,624
Espen Holm	Over topp	MM55	20 : 39,55	13	61,977	233,912
Sara Hemmer	ASK	KK60	21 : 15,02	14	63,751	248,872
Ole Martin Nodenes	LIK-H	MM45	21 : 21,63	15	64,081	232,664
Magnar Lundberg	LIK	MM75	21 : 40,78	16	65,039	238,490
Rune Sundland	LIK	MM60	22 : 40,36	17	68,018	246,825
Erik Thorstensen	ASK	MM45	23 : 8,73	18	69,436	253,905
Per Espen Kristoffersen	OSS	MM55	23 : 14,99	19	69,749	246,878
Therese Staal Brekke	LIK-H	KK40	23 : 36,36	20	70,818	266,252
Monika Holth	Geithus IL	KK40	23 : 52,35	21	71,617	247,038
Harry Hamming	Geithus IL	MM50	25 : 28,85	22	76,442	274,539
Viola Kuldvare	OSS	KK50	25 : 45,88	23	77,294	292,470
Lars Rambøl	LIK	MM70	29 : 21,53	24	88,076	316,784

# Viken-Mesterskapet All-Round Senior og veteran - 21.02 - 22.02 - 2020

Fredag 21.02 500m/5000m start kl 18:00 4 m/s/+3, slutt 20:15 - Lørdag 22.02 1500m /10000m start kl 10:00 8m/s/ +8, - slutt kl 14:00 - MT +0,20 sek

	Team - Class	500m	rank	5000 m	rank	1500m	rank	10000 m	rank	Combo	class	total
<b>K30</b>												
Marit Stubø Jorde	OSS K30	50,19	- 7	9 35,50 PB	- 11	2 44,33	- 11	20 2,86	- 11	222,659	1	11
<b>K40</b>												
Monika Holth	Geithus K40	53,48 PB	- 14	10 20,55 PB	- 18	2 59,66	- 16	23 52,35	- 21	247,038	1	18
Therese Staal Brekke	LIK-H K40	65,71	- 24	10 50,88 PB	- 23	3 13,91 PB	- 21	23 36,36	- 20	266,252	2	21
<b>K50</b>												
Viola Kuldvere	OSS K50	68,61	- 26	12 9,70	- 25	3 40,79	- 23	25 45,88	- 23	292,470	1	23
<b>K60</b>												
Sara Hemmer	ASK K60	62,31	- 23	10 8,75	- 16	3 5,81	- 20	21 15,02	- 14	248,872	1	19
<b>M35</b>												
Hans Kristian Jorde	OSS M35	45,28	- 2	8 13,72	- 2	2 18,53	- 2	18 9,49	- 3	195,302	1	2
<b>M40</b>												
Per Bottegård	Geithus M40	57,67 PB	- 20	10 39,56 PB	- 21		-		-	121,626	dnf	
Reidar Bohlin Borgerse	Geithus M40	42,93	- 1	7 31,24	- 1	2 10,44	- 1	16 11,27	- 1	180,097	1	1
<b>M45</b>												
Gard Fredriksen	LIK-H M45	48,42	- 6	8 52,84	- 7	2 27,73	- 4	19 31,49	- 8	209,521	1	5
Ole Martin Nodenes	LIK-H M45	51,50 PB	- 9	10 7,60	- 15	2 48,97 PB	- 12	21 21,63	- 15	232,664	2	12
Erik Thorstensen	ASK M45	57,84	- 22	10 47,03	- 22	3 5,78	- 19	23 8,73	- 18	253,905	3	20
<b>M50</b>												
Nils Juell	OSS M50	47,46	- 4	9 9,60	- 8	2 33,40	- 6	19 32,58	- 10	212,182	1	7
Ståle Heitmann	LIK-H M50	52,12 PB	- 10	9 19,26	- 10	2 41,75	- 10	19 14,25	- 7	219,674	2	9
Harry Hamming	Geithus M50	57,72	- 21	11 57,07 PB	- 24	3 26,01	- 22	25 28,85	- 22	274,539	3	22
<b>M55</b>												
Eric Askildsen	LIK-H M55	46,16	- 3	8 13,89	- 3	2 26,12	- 3	17 32,23	- 2	196,866	1	3
Øystein Borgersen	Geithus M55	47,89	- 5	8 48,64	- 5	2 30,54	- 5	18 51,94	- 5	207,531	2	4
Espen Riktor	LIK M55	52,42	- 12	9 14,08	- 9	2 40,88	- 9	19 31,96	- 9	220,052	3	10
Espen Holm	Over to M55	54,92 PB	- 18	9 51,29 PB	- 13	2 53,66 PB	- 13	20 39,55	- 13	233,912	4	13

# Viken-Mesterskapet All-Round Senior og veteran - 21.02 - 22.02 - 2020

Fredag 21.02 500m/5000m start kl 18:00 4 m/s/+3, slutt 20:15 - Lørdag 22.02 1500m /10000m start kl 10:00 8m/s/ +8, - slutt kl 14:00 - MT +0,20 sek

	Team - Class	500m	rank	5000 m	rank	1500m	rank	10000 m	rank	Combo	class	total
Tord Fredriksen	LIK-H M55	55,40	- 19	9 52,66	- 14	2 58,18	- 15	20 31,30	- 12	235,624	5	14
Per Espen Kristofferse	OSS M55	53,11 PB	- 13	10 37,83	- 20	3 0,71	- 17	23 14,99	- 19	246,878	6	17
<b>M60</b>												
Njål Nore	Asker S M60	54,19 PB	- 15	9 36,36	- 12		-		-	111,826	dnf	
Vidar Skripeland	LIK M60	50,65	- 8	8 39,54	- 4	2 38,48	- 8	18 51,63	- 4	212,011	1	6
Terje Bjørk	ASK M60	52,29	- 11	8 50,82	- 6	2 37,26	- 7	19 9,04	- 6	215,244	2	8
Rune Sundland	LIK M60	54,86	- 17	10 30,77	- 19	3 2,61	- 18	22 40,36	- 17	246,825	3	16
<b>M70</b>												
Lars Rambøl	LIK M70	66,83	- 25	13 32,08	- 26	4 2,01	- 24	29 21,53	- 24	316,784	1	24
<b>M75</b>												
Magnar Lundberg	LIK M75	54,28	- 16	10 10,31	- 17	2 54,42	- 14	21 40,78	- 16	238,490	1	15